

HOSTING A MCKENZIE MDT COURSE



THE MCKENZIE
INSTITUTE®
CANADA

The McKenzie Institute is committed to the highest standard of education providing the therapeutic community with the best preparation in the application of McKenzie MDT principles through our Program of Certification. In order to provide the post-graduate education service in targeted geographic locations nationwide that are time, travel and cost efficient, we require the assistance of local area clinics, hospitals and universities, to provide the institute with access to their facilities to hold its courses. To provide the ultimate learning environment for the health professionals attending our courses, each McKenzie Method course needs access to both physio tables and legitimate patients. We truly appreciate the support of the universities, hospitals and private clinics that sponsor McKenzie MDT courses and we are extremely grateful to those who do so repeatedly. Without their assistance and willingness to host, MDT training would not be readily available to many clinicians across Canada.

Depending on the number of live course days scheduled , the main hosting duties would involve:

- 1) Providing the clinic venue for the course, along with access to treatment tables for the practical sessions.
- 2) Recruiting and managing up to 4 legitimate patients that are displaying symptoms just prior to the course, for a complimentary assessment, treatment and follow-up, by the instructor.
- 3) Distributing course material at the beginning of the course and performing onsite administration tasks as needed during the course.
- 4) When applicable, providing refreshments for attendees (MICanada will pay for the refreshments, some restrictions apply. For the foreseeable future refreshments will not be required)
- 5) Providing post-course feedback via email to MICanada after the course.

HOSTING CLINIC BENEFITS:

Hosting facilities are offered the option of selecting 1 (one) of the following benefit options when they agree to host a course. MICanada's Eligibility Policy applies to all free places.

Option 1:

- One (1) or Two (2) free places on the hosted course for eligible staff members. *We require a minimum of 15 paying attendees before we can offer 2 free places on the course.*

Option 2:

- One (1) free place for an eligible staff member on the hosted course plus payment of a facility rental fee of \$400.00. *We require a minimum of 15 paying attendees before we can offer the facility rental fee in addition to the free place on the course.*

Option 3:

- Payment of a facility rental fee of \$400.00 per live course day.

MDT: ADDITIONAL HOSTING BENEFITS:

1. Providing clinicians at your clinic and in your local area, with the opportunity to learn an evidence-based approach that is globally recognized as a leading assessment, classification and treatment system for spine and extremity disorders.
2. Providing clinicians at your clinic and in your local area with an opportunity to enhance their clinical reasoning capabilities and ability to appropriately treat patients with MSK disorders, utilizing MDT, a comprehensive diagnostic system that yields reliable outcomes.
3. Provides patients in your area, with access to clinicians that are properly trained in the MDT approach.

COURSE SCHEDULE:

The courses are typically held over a weekend. The schedule can vary to accommodate the hosting facility and availability of the instructor.

The course is a combination of lecture, practical and patient demonstrations. The order of topics (especially practical workshops) can be changed to accommodate patient appointments or availability to treatment tables. If we have access to an education room or a board room, we can start the course with lecture and patient demonstrations, leaving the practical for later in the day after the clinics regular operating hours.

COURSE SCHEDULE:

The live course days typically run from 8am until 5.30pm on a Saturday and or Sunday.

HOSTING CLINIC CONSIDERATIONS:

COST TO HOST THE COURSE:

The Robin McKenzie Institute Canada (MIC) will be responsible for all costs associated with the setting up and running of the course. In exchange for the agreed upon compensation outlined on page 1, the hosting clinic will provide the McKenzie Institute Canada the use of the facility for the required amount of time needed to hold the course. Unless other arrangements are agreed upon, the McKenzie Institute Canada is responsible for advertising and promoting the course. If we don't achieve the minimum number required by 4 weeks prior, we will consult with the hosting clinic and the instructor about postponing or cancelling the course.

MINIMUM / MAXIMUM NUMBERS:

We require a minimum of 15 paying attendees to make the course viable. The maximum number on the course is determined by the size of the hosting facility.

HOSPITAL/CLINIC ENVIRONMENT:

All McKenzie Method Courses combine both lecture and practical components therefore it is possible to utilize either one large physio lab/gym or a combination of rooms in order to provide the right environment for the course.

CLINIC - MAIN LOGISTICAL CONSIDERATIONS:

- A room or combination of rooms large enough to host the confirmed number of participants. It is very important that there are enough chairs to accommodate all of the course participants during the lecture portion of the course. It would be nice but not necessary, if the attendees also had access to a flat writing service. McKenzie Institute Canada (MIC) will rent chairs if they are required for the course. However, we must be advised at least 4 weeks prior if we need to make arrangements for rental equipment. MICanada will pay all fees associated with the ordering of additional equipment. Ideally it would be nice to have at least partial access to physio tables on all in-clinic days of the course. Ideally, we would need 1 physio table for every 3 course participants.
- If the hosting clinic does not have access to a large screen, a large blank wall may be used in lieu. If you do not have a blank wall to project on to, we can make arrangements to have a screen delivered. The instructor will bring their own laptop and lcd projector.
- The clinic should provide access to an adequate amount of hand and equipment sanitizer. MICanada will reimburse the clinic for the sanitizer used by the attendees.
- The institute will ship all the course materials to the course site so that it arrives approximately 3 days prior to the course getting underway.

For more information on hosting a course or if you wish to proceed with hosting a course, please contact:
Aileen Conway at mckenziecanada@bellnet.ca